



Saint John Branch

New Brunswick Society of Retired Teachers

May 2021 Edition #2

<http://www.nbsts.jnbta.ca>

President's Message:

Wherever you go, no matter the weather, always bring your own sunshine.

As we prepare for our AGMs and our second year isolated from many of our families, friends and former colleagues we hope you find a few things in our Newsletter that provide you with information and a few smiles.

- Check out the new NBSRT website. @ <https://www.nbsrt.org>
- The NBSRT has completed their surveys of the membership regarding Strategic Planning and has collected information from all Branch executives.
- The NBSRT has met Wellness, membership, presidents, Group Insurance
- NBSRT is offering prize draws for new members and prizes for members who recruited them.
- You have sent a pen and thank you card to each active teacher in Saint John.
- We have had 4 executive committee meetings (Jan. 21, Feb. 18, March 18 and April 18)
- We have lost 29 members since Nov1 2019 till now
- We plan on one more Newsletter to come out the end of June.
- We want to celebrate once it is safe to meet. If you have ideas for a retired teacher celebration, let us know.



- Our new logo with the year 1951 inside the bell. 1951 was the year Saint John retired teachers began fighting for teachers. NBSRT was formed in 1975. On April 6 1951 32 Saint John retired teachers met at the Royal Hotel. They formed The Saint John Teachers Association and negotiated with the pension board to have retired teachers to be paid monthly without applying every month! Later they fought and got health insurance after retirement. Saint John retired teachers negotiated for all local branches until NBSRT was formed in 1975. The government will still not acknowledge that we represent retired teachers as not all have joined. First executive in 1951: Harold C. Ricker, President; Genevieve Dever 1st VP; Ethel Coles 2nd VP; M. Frances Traynor Secretary/ treasurer. We are 70 years old!!!

- ***.happiness is the only thing that multiplies when you share it.***



ACER-CART PRESENTS:

A RETIREE HEALTH EVENT

Thursday, June 3rd at 2 p.m. Atlantic Daylight Time

An ACER-CART Webinar!!!

Each year the ACER-CART AGM is held the first weekend in June. Representatives from each Member Association gather to conduct the business of the association on behalf of retirees. As part of that gathering pre-meeting presentations or workshops on topics related to advancing the well-being of retirees are presented to the delegates.

Covid 19 means the 2021 meeting will be a virtual one. The pre-meeting sessions are important and the Executive decided to arrange a webinar. Technology has made it possible, with help from RTO (Retired Teachers of Ontario), to make it available, at no charge, to any retired teacher who is a member of their provincial/territorial association.

The presentations will be:



“A National Seniors Strategy Could Mean Healthy Aging in Your Own Home” presented by Dr. Samir Sinha, Director of Geriatrics at Sinai Health System and the University Health Network in Toronto



“A Powerful Case for Pharmacare” presented by Dr. Stephen Public Health.

To learn more about each presenter and register go to <https://acer-cart.org/june3event/> You can also register from the home page of the ACER-CART website. <https://acer-cart.org>



What's the difference between a cat and a comma?

One has claws at the end of its paws. The other is a pause at the end of a clause.

If you are changing any of your contact information like mail, address, or phone number, would you please inform Kathy Dalling at 696-8668 so we can keep in touch

Summer Photo Draw

Send your animal photos to us! You could win one of six \$25.00 Sobeys gift cards!

We are looking for your animal photographs. You must have an adorable or silly pet photo? If not, for the next few months take a photo of those memorable moments. Of course, you can be in the photo! For some of us, our pets are our emotional support animal, and the family member who is getting us through this pandemic.

Maybe you have a breath-taking snapshot of an eagle, beaver, or another beautiful New Brunswick creature that you have skillfully taken on your phone or camera from your many backyard surprise visitors, hikes, or staycations. Again, if not, now is the best time to start. Please share your summer wildlife photographs with us. We are getting rave reviews about the online photos you are sharing. Thank you to those who are sending us pictures.

Check out our website- <https://www.nbsrt.org/> Click on Media for your photos!

View more:

1. Click on Branches, then select Saint John. Scroll down to Branch Photo Gallery. Next click one of the pictures to the right. (To visit Saint John Branch, click red Website button.)
2. Visit [Click](#) on photos then select an event in blue.

For every entry you get a ballot for <https://www.nbsrtsj.nbta.ca>. Enter often. The deadline is August 31, 2021! The winner will be announced in the Fall Newsletter. Send your photos to

"Ellen Palmer" <ellen.marie.palmer@gmail.com>

Good luck

Website <https://nbsrtsj.nbta.ca>

Our website has gone through a bit of a COVID transition this year. More focus has been put on the front page where I hope the picture slide show will give you a smile. Please help us change up our pictures by entering the Summer Photo contest. Details are located within this newsletter.

If you happen to misplace your newsletter from today or would like to go back and reread a previous newsletter, just scroll down the home page and on the right hand column you will find newsletters. Just click on the one you want and maybe find that recipe that you saw or check out the book list.

Please keep safe ...

Scholarship Committee

Each year we give scholarships to two students attending UNBSJ. Help us increase the value of our scholarships by making a memorial donation or gift to our scholarship fund. For your convenience you may make your donation by mail or online.

The mailing address is Development Office, University of New Brunswick, PO Box 4400, Fredericton, N.B. E3B 5A3. Make your cheque payable to UNB and indicate the donation is to the NBSRT Saint John Branch Scholarship Fund.

If you are donating online at the UNB website indicate this is for UNBSJ scholarships, and include the name, NBSRT Saint John Branch Scholarship Fund, in the details box. (You can pay and then print your receipt)

Memorial cards are available at local funeral homes and also at our luncheons when they resume.

Stay healthy and help us make a difference!

If you have questions contact netta@nb.sympatico.ca

A conversation with a retiree.....

Ernestine Smith is one of the oldest members of our local branch and she is a former member of the branch executive. In a recent chat I learned she will be 94 in September. Ernestine graduated from SJHS in 1946 and began teaching with a local licence. By becoming a teacher she was following in her mother's footsteps.

She attended Teachers' College from January until June, 1947. Her first school after Teachers' College was a two room school in Lorneville where she taught with Marjorie Calvin. Marjorie taught grades 1-4, and Ernestine grades 5-8. She stayed there from September, 1947 until June, 1949.

Instead of taking a position in the city, and on the advice of County Superintendent, G.J. Marr, she stayed in the county and taught grade 7 when an additional class was created at East Saint John School. (The east side population was growing.) The following year she followed her students to the newly built Simonds Regional High School on Bayside Drive where she taught grade 7.

Next Ernestine took time off to have a family. She did some supply teaching at Woodlawn and Prince Charles, but she didn't go back into teaching full time until February, 1962 at Milford School where she taught grade 4, 5, and 6 classes for 23 years. As that school would be closing, Ernestine moved to Havelock School for her last 3 years. She retired in 1988.

Now she lives at Shannex in Quispamsis after living on the Westside for many years. In addition to seeing her family, Ernestine stays in touch with her friends by phone during the pandemic.

Ernestine enjoys reading the branch newsletters, and in the past she always attended the October and May meetings and dinners with her friend Jean Cameron, who passed away in July, 2020.

My thanks to Ernestine for the lovely chat.

Netta Chase

Winners for the Spring Photo Contest 2021

Pam Melanson
Heather O'Toole
Richard Thorne
Rose Theriault
Patricia Hartley

Congratulation to our winners who each received a \$25 gift card...Thanks for entering

Remember If you wish to take part in our AGM
Zoom meeting on May 20 at 10:00 am please email
Barry Harbinson at
bharbins@nb.sympatico.ca.



*Member
Enrolment
Contest*

Purpose:

To grow NBSRT membership through a draw that will provide an opportunity to reward current members and new members equally. We currently have just over 2700 retired teacher members and have the potential to double that number. We would then become **the undisputed voice of retired teachers** in the province, have more influence to achieve our goals and, at the same time, provide quality services to our members.

Why a draw?

We believe that the best way to encourage new members to come to NBSRT is through personal contact with current members. We have learned through discussions with Branch leaders that most of them joined NBSRT because of a personal invitation of some sort. Our goal is to encourage hundreds of personal contacts to be made by individual members. A draw will

encourage and reward these personal contacts not only because of a draw but because it will serve to get the word out that we are here, and we are working for retired teachers.

How does it work?

- a. Talk to your friends and former colleagues and invite them to join.
- b. Each time someone joins NBSRT their name will go into a **monthly draw for \$100** and a **grand prize equivalent to \$500** at the end of July.
- c. When a person joins NBSRT at your invitation ask them to put your name on the application form as the person who invited them to join and **your name will go into a draw for the same amount.**
- d. A person wishing to join NBSRT can simply go to the website for a membership form or fill out the form on the middle of our membership brochure and please indicate who invited them to become a member or how they became aware of NBSRT.

Good Luck and Stay Safe



All NBSRT SJ committee reports will be posted on our website after May 13th 2021



READ SJ is a non-profit organization that is committed to helping adult learners with literacy and basic math skills through one-on-one confidential tutoring. Over 20% of New Brunswickers, 16 years and older, struggle with basic literacy skills and our organization is here to help. We are looking for tutor volunteers to join READ SJ to help end the struggle faced by so many.

For more information, please connect through one of the following options:

Our website: Readsaintjohn.ca

Email us at: readsj@nb.aibn.com

Call us at: 506 633-2011

Please keep safe ...

Constitution

The Constitution Committee is completing comprehensive changes to the 2017 edition. The Executive Committee will review and approve the proposed 2021 edition. Once this has been completed the old 2017 and the new proposed edition for 2021 will be posted on our NBSRTSJ website by May 13th for members to review prior to the AGM {Zoom} scheduled for May 20 at 10 AM. Members will vote on all these reports at the zoom meeting.

ELECTION 2021

NBSRT SJ NEEDS YOU!



Has the pandemic left you feeling bereft of companionship? Here is an excellent opportunity to become involved, with an incredible team of volunteers, working on behalf of retired teachers. All positions are open to interested candidates except Past President. If you are interested, please contact **Barry Harbinson** at bharbins@nb.sympatico.ca or phone # 658-1347 to receive additional information.

Current slate of positions and candidates:

Officers:

| | | | |
|----------------------------|-----------------|----------------------------|--------------|
| Past President: | Judy Braman | President: | Brian Greig |
| 1st Vice President: | Bob Bonner | 2nd Vice- President | Marijke Blok |
| Treasurer: | Barry Harbinson | Secretary: | Pat Loughery |
| Director: | TBA | | |

Committee Chairs:

| | | | |
|--------------------------|-------------------|---------------------|-------------------|
| Card: | Patricia Murray | Card: | Pat Dugay |
| Membership: | Judy Braman | Publicity: | Maryann Patterson |
| Reflections: | Kathy Wilson | Scholarship: | TBA |
| Museum: | Dianne Stackhouse | Museum: | Melody Hamm |
| Social Committee: | TBA | Telephone: | TBA |
| Website: | Ellen Palmer | Wellness: | Rose Theriault |
| Membership Data: | Kathryn Dalling | | |



New Brunswick Society of Retired Teachers Saint John

AGM 2021 and Budget

Dear Member:

Unfortunately, we are looking at another Zoom AGM this year. Although we regret not being able to meet in person, a virtual meeting does allow us to conduct our meeting safely. If you have yet to experience the joy of “Zoom”, it is a very easy way to interact with fellow members and become knowledgeable about your organization. If you would like to be part

of our AGM on May 20, 2021 at 10:00, please email me at bharbins@nb.sympatico.ca. I will send you a link and instructions on how to join our meeting.

I have also attached a copy of the 2021-2022 NBSRT SJ Budget for your consideration. You might notice we are hoping to have some type of celebration to end the pandemic restrictions. The proposed budget has been ratified by your executive but will need to be voted on during our AGM. Should you have any questions, or need clarification on an item, please contact me at the email address indicated above.

Respectfully yours, **Barry Harbinson** Treasurer NBSRT SJ

| <u>Description</u> | <u>Budget 2020-2021</u> | <u>Actual 2020-2021</u> | <u>Budget 2020-2021</u> |
|---------------------------------|------------------------------|-------------------------|------------------------------|
| <u>Revenues</u> | May 1, 2020 - April 30, 2021 | As of April 25, 2021 | May 1, 2021 - April 30, 2022 |
| Prov. Dues | \$7,200.00 | \$6,993.00 | \$6,960.00 |
| Local Dues | \$120.00 | \$36.00 | \$36.00 |
| 50/50, Door Prizes (net) | \$100.00 | \$0.00 | \$100.00 |
| Wellness activities | \$500.00 | \$400.00 | \$500.00 |
| NBSRT Surplus | \$0.00 | \$7,164.00 | \$0.00 |
| NBSRT AGM 2020 | \$0.00 | \$755.54 | \$0.00 |
| Investment | | \$5,965.25 | |
| Total Revenues | \$7,920.00 | \$21,313.79 | \$7,596.00 |
| <u>Expenditures</u> | | | |
| Social Committee | | | |
| Dropout Brunch | \$0.00 | \$0.00 | \$500.00 |
| Fall Luncheon | \$0.00 | \$0.00 | \$700.00 |
| Christmas Social | \$2,000.00 | \$400.00 | \$1,500.00 |
| Card Parties | \$500.00 | \$0.00 | \$500.00 |
| Annual Meeting | \$1,500.00 | \$0.00 | \$1,500.00 |
| Goodbye Covid | \$0.00 | \$0.00 | \$8,500.00 |
| Social Committee - Total | \$4,000.00 | \$400.00 | \$13,200.00 |
| Retirement Dinner | \$0.00 | \$0.00 | \$0.00 |
| Executive BBQ | \$200.00 | \$0.00 | \$200.00 |

| | | | |
|--------------------------------------|-------------------------|--------------------|----------------------|
| Meeting Facilities | \$200.00 | \$500.00 | \$200.00 |
| Provincial AGM | \$1,500.00 | \$0.00 | \$0.00 |
| NBSRT AGM 2020 | \$0.00 | \$255.54 | \$0.00 |
| Provincial Travel | \$500.00 | \$0.00 | \$500.00 |
| Newsletters | \$1,200.00 | \$1,313.61 | \$1,400.00 |
| Charity | \$1,000.00 | \$600.00 | \$1,000.00 |
| Exec. Committee | \$200.00 | \$200.00 | \$400.00 |
| Workshops | \$200.00 | \$0.00 | \$200.00 |
| Committees | \$300.00 | \$90.00 | \$300.00 |
| Wellness | \$1,500.00 | \$50.00 | \$1,500.00 |
| Bank Charges | \$65.00 | \$43.45 | \$65.00 |
| Contingency Fund | \$1,000.00 | \$1,956.14 | \$1,000.00 |
| Miscellaneous | \$100.00 | \$0.00 | \$100.00 |
| Transfer to G.I.C. | \$0.00 | \$6,000.00 | \$0.00 |
| Dues (Local) | \$96.00 | \$24.00 | \$24.00 |
| Membership Committee | \$0.00 | \$947.42 | \$500.00 |
| Total Expenditures | \$12,061.00 | \$12,380.16 | \$20,899.00 |
| Surplus/ Deficit | (\$4,141.00) | \$8,933.63 | (\$12,493.00) |
| Bank balance (April 25, 2021) | | \$27,041.15 | |
| Uncleared cheques | Pens + room rental +GIC | \$6,906.62 | |
| Added Income | | \$0.00 | |
| Current balance | | \$20,134.53 | |
| Investments (April) | | \$11,173.83 | |
| Membership Shares | | \$2,327.53 | |
| Total assets | | \$33,635.89 | |



Scholarship & Bursary Program

\$2500.00

An annual Scholarship and Bursary program available to University and College students. Two successful applicants will each be awarded \$2500.00. Detailed information and an application form can be found at nbsrt.org.

Deadline: November 1, 2021.



A farmer told his dog to find the sheep and round them up. When the dog came back he asked how many sheep there were and the dog said "50". The farmer said "Hmm, that's funny. There were only forty-seven this morning."

The dog replied: "You said round them up."

AAHH!

CAN YOU HELP US?

REACH OUT, GET IN TOUCH!!

During these challenging times we all know the importance of connecting with others. There are two groups in particular NBSRTSJ is thinking of - retired and active teachers. NBSRTSJ wants to do what we can to provide both groups with support and encouragement as we move through the weeks and months until we can be together. We believe a personal touch is the best way to do so.

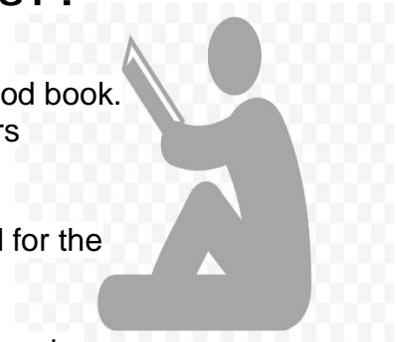
If you know an **active teacher**- neighbor, friend, former colleague - why not give them a call or send an email or card, post a message on your Facebook page? Let them know NBSRTSJ is thinking of them and is very much aware of the extraordinary dedication and professionalism they have been – and are - demonstrating on a daily basis.

Whether they belong to NBSRT or not, **retired teachers** also need to know they are in our thoughts. Call a former colleague or other retired teacher you know, post something on your Facebook page, send an email - maybe include the newsletter- or a card. Let them know NBSRTSJ is thinking of them and looking forward to being able to see them soon.

Letting these colleagues know we are here to support them may not only give support and encouragement, it may also help them look forward to better days ahead and times when we will be able to be together in person.

SUMMER READS!!! WHAT DO YOU SUGGEST?

As the days warm, many look forward to time in our backyards, on the cottage deck, at the beach, or under a shady tree with a good book. You gave us so many suggestions in the fall - *thank you!* Members let us know they appreciated the recommendations and discovered some new authors too. The coming summer seems an ideal time to provide a new list in our next newsletter – planned for the end of June.



Recommendations can be emailed to Marg at kimlin@nbnet.nb.ca or by calling 633-9692. To protect your privacy, the list will only include the title and author. We look forward to hearing from you!!!

May

2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| Asian Heritage Month | | | | Municipal Election, do your part |  | Advance Polls  May Day |
| 2 Book a Tee Time at your favorite golf course or try a new one. | 3  Last ¼ Moon Advance Polls | 4  | 5 Listen to the audio book, Northern Spy by Flynn Berry | 6 Go Fishing ! | 7 Journal -30 Day Song Challenge | 8 World Red Cross Day |
| 9  | 10 Election Day | 11 Ramadan ends. NBSRT Meeting:10 am  New Moon | 12 Eid-Al-Fitz ----- ----- Florence Nightingale's Birthday | 13 ----- ---> Ascension | 14 Try Fiddlehead Recipes | 15 Make DIY Beeswax Food Wraps |
| 16 1770- Marie Antoinette marries future King Louis XVI of France. | 17 Shavuot | 18 10 Tips to Maintain a Beautiful Lawn | 19  First ¼ Moon | 20 NBSRT AGM :10 AM | 21 Open the Cottage this weekend | 22 Visit a nursery and wear a mask . |
| 23 Call and check in on a retired colleague.  | 24 Victoria Day | 25 Plan a Staycation! | 26  Super Flower Moon | 27 Go Bird Watching Take a photo | 28 How to Build and Maintain a Worm Compost Bin | 29 Try Lawn Bowling on the Westside SJ. |
| 30 Trinity Sunday | 31 Plant a" thriller, spiller, and filler" in your flower box or pots. | "All I was doing was trying to get home from work." -Rosa Parks | Hug someone in your bubble!  | | | |

June

2021

Courage is what it takes to stand up and speak. Courage is also what it takes to sit down and listen . -Winston Churchill

[National Indigenous Month](#)

National Dairy Month

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|--|
| Another Photo Draw! Go to April23! Deadline: August 31. |  | Garden Calendar |  Last ¼ Moon | Try Rhubarb Recipes | Play Scrabble | MADD SJ, "Strides for Change" 3kmWalk@ The Rez , 10am |
| D Day 1944 Orienteering 12pm@Rockwood Park | Canadian Environment Week | Meals in a Jar | Carve a wooden spoon | New Moon  | Read about NB ideas and debate | Make Quilt Part 1 First Quilt Part2 First Quilt Part 3 |
| Join a Canadian Wellness Workshop , free. | Play Heart and Stroke Bingo Tonight @ 7pm | Small Engine Repair Part 1 Small Engine Repair Part 2 | Download Duolingo and Learn a new Language. Free | ¼ Moon  | Start a Senior or more intense Fitness program | Watch movies from your DIY Projector |
| Father's Day First Day of Summer | National Indigenous Peoples Day | Virtual Tour of Mars | Take your adorable pet and wildlife photos! | Full Strawberry Moon  | Take a Free Class on- line. | Enjoy a Virtual Choir |
| Five BBQ Tips | Dive into a 360 Virtual Marine Gallery. | First Quilt Part 4 First Quilt Part 5 First Quilt Part 6 | Try a New Hobby | Send photos to ellen.marie.palmer@gmail.com |   |  |