

Minutes of NBSRTSJ January 16, 2025

The regular monthly meeting of the executive of the NBSRTSJ took place on January 16, 2025 with the President Bob Bonner in the chair. Members in attendance included : Barry Harbinson, Bob O'Connell, Ellen Palmer, Marg Urquhart, Paula Scott, Sue Smith, Judy Braman, Marijke Blok, and Pat Murray. Regrets were received from Rena MacGregor. Bob called the meeting to order at 10:04.

AGENDA

The Agenda was accepted following the addition of section 8 D – Planning Calendar on a motion by Barry and seconded by Pat.

MINUTES

The minutes were accepted on a motion by Sue and Ellen.

BUSINESS ARISING FROM THE MINUTES

Following a discussion on another Wine and Cheese, it was decided the topic would be turned back to the committee for a final decision.

TREASURER'S REPORT

The following report was presented by Barry:

Bank balance	\$6283.43
Uncleared cheques	450.00
Added income	400.00
Cash on hand	150.00
Current balance	6338.43
Investments (July 31).	34,182.20
Membership shares	2,357.53
Total assets (2025-01-15)	43,028.16

Barry moved that as a token of our appreciation for his continued analysis and audit of the NBSRTSJ accounts, NBSRTSJ purchase a \$100.00 Irving gift card for Larry McPhee. The motion was seconded by Marg Urquhart. Carried

It was moved by Barry and seconded by Judy to encourage participation in the 2025 AGM and celebrate the 50th anniversary of our organization, NBSRTSJ allocate up to \$4000.00 towards sponsoring our members to attend. Individual driving \$300.00. Non driving participants \$200.00. Should participation create expenditures beyond the \$4000.00 cap individual reimbursement might be adjusted. Motion carried

Committee Reports

Social

Sue reported the Christmas Social saw 78 members attending and there were no complaints regarding the venue or the meal. Thanks to Ellen and her crew for the entertainment.

March 13 will be the date for the St. Patrick's Day cards to be held at the Assumption Centre which has proven to be the most economical location. Doors will open at 12:00. The price will be \$10.00 for members and \$15.00 for non-members.

The May Luncheon will be held on May 21st due to the fact the NBSRT AGM is scheduled for the week of May 15.

Wellness

Paula informed the meeting the January hike was held at Rockwood Park with the group enjoying lunch at Lily's. The February 12th hike will be at the Irving Nature Park.

The presentation on Aging and Exercise – Stronger At Home – will be held at RiverCross on January 27 with Camelle Coates. Information will be available on the website and Facebook.

A reflexology session may be held at RiverCross on February 19th contingent on the availability of Nadine.

There was a discussion on the possibility of a one day excursion on either May 8th or May 9th to Moncton to see Come From Away. More details to follow.

Activities for March will be determined by the Wellness Committee and decisions sent to Marijke for the January Newsletter.

Newsletter

Nomination Committee will be set up with information to be published in the January issue of the Newsletter. Elections will take place in May at the AGM. Deadline for submissions will be Monday evening January 20, 2025.

New Business**Faculty Friday**

Bob visited the Armouries last month and received details on the gatherings. Judy moved that the NBSRTSJ sponsor the Faculty Friday on April 4, 2025 at a cost of \$500.00. Seconded by Barry. Motion carried.

Aging Seminar

Bill Randall will be booked for a seminar. Bob Bonner will contact him for details and further information.

Planning Calendar

Any changes to the Planning Calendar are to be emailed to Marg.

Adjournment

There being no further business, the meeting was adjourned on a motion by Pat Murray.

Respectfully submitted

Pat Loughery
(Secretary)

