

Saint John Branch New Brunswick Society of Retired Teachers

<http://www.nbsrtsj.nbta.ca>

DECEMBER NEWSLETTER 2020



Fellow retirees

I hope this Newsletter finds you safe and coping well during our Covid 19 situation.

A few things happening:

- We should hear about our Cost of Living adjustment to our pension for 2021 soon.
- The NBSRT is working with The Board of Trustees of Vestcor hoping to provide teachers with an opportunity to meet with Vestcor annually.
- Group Insurance: Health and drugs going up..
- The provincial association has developed a membership committee whose role is to work to increase our numbers. Branches are all forming membership committees and we will be working with the provincial association to achieve that goal.
- NBSRT is updating their website and it should be ready with a new logo by the time you read this.
- Bob Fitzpatrick and his executive are going through the process of developing a strategic plan. They will be contacting all of us with a survey to provide information in developing the Plan.
- Your local Branch (SJ) has developed a list of questions regarding the pandemic, vaccines and distribution. We are forwarding that to NBSRT

We continue to meet by Zoom and it has proved very useful.

We hope you will be joining us for our Virtual Wine and Cheese on December 16th.

Any good reads? Send them along!!

We are open to any suggestions from members.

Pictures of retirees having fun.... Share

I make "GRAMPIES NUT COOKIES" 4 types of nuts, fruit and dates..... Interested in the recipe.. Email me...judithabraman@gmail.com

Stay Positive Stay Happy and Stay Healthy

Judy Braman

Come Raise Your Glass!

Join us on December 16, at 7:30pm for our first Zoom Wine and Cheese Party!

The New Brunswick Society of Retired Teachers in Saint John (NBSRT SJ) invites you to a fun - filled hour jammed pack with the Christmas Spirit! The gift of Giving! Ten \$25 gift cards will be randomly drawn, and you could win just by attending the on-line party! Wait there's more! Our merry little elves (AKA fellow retired teachers) encourage you to Sing-A-Long or Sip-A-Long to a few of their festive tunes! Love to share recipes and win prizes? Send your favorite cheese recipe to rosethe@nb.sympatic.ca for a chance to win a \$50 NBLCC gift card that will also be randomly selected live on-line! Come re-connect with familiar faces and relax with a glass of wine and your tasty cheese treat. Hang on! Just before our last toast we have a \$100 Sobeys' gift card draw for one lucky winner just for joining our delightful party! Missing a fellow retired colleague? Call or e-mail them and rekindle the friendship and tell them about the **Zoom Wine and Cheese Party**. It's Christmas! What are you waiting for? Let's Celebrate!

Contact Barry Harbinson by December 15, to pre-register at bharbins@nb.sympatico.ca. He will confirm your registration along with easy directions to join the Zoom meeting/party.

Cheers!

Scholarship Committee Update

The thank you letters from our 2020-2021 scholarship winners and their photos are posted on our website. A quote from David's letter "... Your scholarship allowed for a rare, and extremely appreciated piece of certainty, and stability, which I needed to feel more confident and ready for my first year of post-secondary education," and from Brady's, "I believe in the power of an education;My education pursuits would not be possible without your generous donation."

The yearly financial summary from UNB shows gifts to our fund from May 1, 2019 to April 30, 2020 - \$ 539.54. The ending balance for the fund as of April 30, 2020 - \$129,529.64.

If you need cards or information about donating to the New Brunswick Society of Retired Teachers Saint John Branch Scholarships contact Netta Chase. 738-2168, netta@nb.sympatico.ca



COVID -19

During our Executive Committee meetings we have discussed items of concern for retirees.

Your Executive Committee has put together a series of questions that we, as vulnerable seniors, need answers to. We are going to forward our questions to the NBSRT to pursue answers.

With so much uncertainty we are probably wondering what the plans are to distribute vaccines? How safe are they? How are they to be distributed? When will the vaccine be available to New Brunswick?

It is important for all of us to follow the rules. They are simple:

WEAR A MASK
WASH YOUR HANDS
KEEP YOUR DISTANCE
STAY AT HOME UNLESS YOU NEED TO GO OUT
LIMIT THE NUMBER OF PEOPLE YOU HAVE
CONTACT WITH
STAY IN YOUR HOUSEHOLD BUBBLE



NOTICE TO ALL MEMBERS

UP-DATE YOUR INFORMATION

HAVE YOU MOVED???

DO WE HAVE YOUR EMAIL ADDRESS???

HAVE YOU CHANGED YOUR EMAIL ADDRESS???

HAVE YOU CHANGED YOUR PHONE NUMBER???

NBSRT-Saint John Branch sends out Newsletters, emails and makes telephone calls to keep you informed of all activities and events but you may be missing out on some of this because we do not have your updated information.

The Saint John Branch keeps the following information (confidentially) on each member:

Phone No:

Name:

Mailing address: street, community, province, postal code

Year Retired:

Email:

If any of this has changed, please notify us by emailing....

nbsrtsaintjohn@gmail.com

OR


Call 696-8668

LET'S KEEP IN TOUCH!

December Wellness



2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Make a festive Wreath!	2 Walk a new-to- you Rockwood Trail .	3 Make your lists. Check them twice!	4 Take a photo of someone special in front of Santa's	5 Create a Family Heirloom Cook Book
6 Try Yoga	7 Plan a Cookie Exchange with your family/ close friends.	8 Volunteer at the SPCA .	9 Enjoy Reading the Saint John NBSRTSJ Newsletter	10 Prepare Christmas Parcels. Send by 11 th .	11 Seadogs vs Halifax 7pm	12 Create Origami Decorations .
13 Pick an Organization to donate items or help.	14 Try Stick Curling.	15 NBSRT SJ Deadline to Pre-register: Zoom Wine and Cheese Party! Contact: bharbins@nb.sympatico.ca bharins@nb.sympatico.ca	16 Zoom Wine and Cheese Party @ 7:30 pm	17 Write Christmas letters and cards. Send by 18 th if outside	18 James Mullinger at the Imperial Theatre	19 Miss love ones outside the Atlantic Bubble? Play Facetime
20 Drop off a treat to a Front- Line Worker or Staff member.	21 Dance to your favorite Christmas Songs	22 Take a drive and enjoy the Christmas lights!	23 Take Time to Meditate.	24 Christmas Eve 	25 Christmas Day 	26 Boxing Day Germany Vs Canada World Jr. Hockey
27 Clean your oven!	28 Listen to a podcast then Journal.	29 Visit the NB Museum	30 Reflect on 2020 and make a Resolution	31 New Year's Eve Enjoy the Fireworks!		